



Adult Spinning and Fitness Classes at Twisters Adult Spinning and Fitness Classes at Twisters

ADULT CLASSES STARTING AT TWISTERS— Spin, Yoga, Aerobics and Weight Training

Pick up a schedule Today! We will make a schedule To fit your class needs just get three friends together and we will put a class schedule together for you! Ask us about personal Training!

Twisters Teams!

Twisters offers Many teams! We have one of the best gymnastics teams in Maryland. We offer The following gymnastics teams— Developmental one, two and three, Pre-team, Level 4 team , Level 5 team , Level 6 team, Optional teams, We have a men's Level 4 and Men's Level 5 6 team as well as a men's optional team . We have recreational Mason Dixon Teams Level 4, A,B,C,D. Our newest team feature is our Trampoline and Tumbling team! Our philosophy is that every child should have and get the opportunity to compete. We will facilitate this to the best of our ability! Our coaches are all certified and well trained! If you are interested in joining one of our teams or would like to work towards a team let us know and we will be sure to give you the info!!!!!!!

Twisters also offers PRIVATE LESSONS!
Private lessons are \$40 per hour!

We rent both of our facilities for a fee.
Get 3 friends together and add a class to the
schedule.

Carmella's Kids
9028 Worcester Highway
carmgymqueen@aol.com

Twisters
9026 Worcester Highway
Berlin Md 21811

Phone: 410-629-0878

Fax: 410-629-0879

Email: Carmgymqueen@aol.com

Tstgymnastics.com



Dedicated to finding the next Olympian!

PRESCHOOL—ADULT

BEGINNER—ADVANCED Gymnastics

410-629-0878

9026 Worcester Hwy
Berlin, MD 21811
On Rt 113 South North Side
next to
John's Auto body



TUITION

Recreational Sessions 2011-2012

Annual Membership Fee-
 First child —\$25.00
 Second child—\$20.00
 Family Membership—\$50.00



12 week sessions and Pricing

Session Dates :

All Sessions are 12 weeks of Class
 Developmental Classes Run all month long and are a
 monthly tuition

Session One: September 12 2011-December 10th 2011

No classes the week of Thanksgiving

No recreational Classes December 11th 2011—January 1st 2012

Session Two: January 2nd 2012—March 25th 2012

Session Three: March 26th—June 17th 2012

Session Four: June 18th—September 9th 2012

Save the date! National Gymnastics Day September 17th 12—
 2 p.m.

Sign a 1 year contract and pay only \$39.99 per
 month

45 minute classes-\$120.00 per 12
 weeks. That's only \$10.00 per class
 All one hour classes are \$135.00 per 12
 week session. That's only \$11.00 per class
 You can start at any time we will prorrate
 your Classes.

Sign up for 12 months and pay \$29.99 per
 month!

DROP-IN POLICY

FOR YOUR CONVENIENCE WE OFFER A ONE TIME
 DROP IN CLASS RATE- \$12.00

You may "drop in" to any of our recreational classes
 and try it out to see if it suits your child's needs.

MAKE UP POLICY

- When a student misses a class - that class time can be made up in another similar class.
- The make-up class must be taken within a week after the missed class or in the case of an expected absence, can be made-up the week prior.
- Make-ups do not roll over session to session
 You must first let the front desk know that you intend on making up a class and which class you have chosen.

Twisters has everything!!!! We are open everyday that the schools are closed! In service days, Snow days, Professional Days
 **You name it when even else is closed we are open!! For just \$25.00 for the day. You must have your parent perwork filled out! We also offer sleepovers and Mom and Dad's night out on special occasions! We have open gym on Saturdays from 12—6 p.m, and offer a variety of clinics throughout the year! Check in our office for all of our special events!



CARMELLA'S KIDS LEARNING CENTER

Located right across the street is a full or part day program that offers transportation to all Elementary schools for an additional charge. This location is a pre-school program and Before and afterschool age program for ages infants—15 years Ask the front desk for additional information!

General Gym Rules

- IF YOU ARE EARLY YOU MUST BE AWARE THAT THE CHILDREN ARE NOT ALLOWED IN THE GYM AREA UNTIL THEIR CLASS STARTS. INSTRUCTOR WILL PICK STUDENTS UP FROM THE OBSERVATION AREA.
- WHEN CHILDREN ARE BEING DROPPED OFF, THEY MUST BE BROUGHT INTO THE LOBBY BY A PARENT.
- PARENTS ARE RESPONSIBLE FOR THEIR CHILDREN UNTIL THE INSTRUCTOR STARTS CLASS AND IMMEDIATELY FOLLOWING THE END OF CLASS.
- IF YOU ARE LATE TO PICK UP YOUR CHILD A LATE PICK UP FEE WILL BE APPLIED!
- PLEASE COME INTO THE PARENT OBSERVATION AREA TO PICK YOUR CHILDREN UP.
- MATS AND EQUIPMENT ARE OFF LIMITS TO STUDENT AND VISITORS UNLESS ACCOMPANIED BY A TWISTERS INSTRUCTOR.
- PLEASE TAKE YOUR CHILD TO THE RESTROOM BEFORE CLASS.
- PLEASE PICK UP CHILDREN PROMPTLY AFTER CLASS.
- PARENTS ARE WELCOMED TO STAY AND WATCH CLASS IN THE DESIGNATED AREA ON THE OR THROUGH THE PARENTS OBSERVATION. AT NO TIME IS A PARENT ALLOWED ON THE GYM FLOOR.
- NO JEWELRY OR CHEWING GUM DURING CLASS.
- GIRLS MAY WEAR A LEOTARD. PLEASE DO NOT LET CHILDREN WEAR LOOSE CLOTHING.
- SIBLINGS ARE NOT PERMITTED ON THE GYM FLOOR OR EQUIPMENT. ALL CHILDREN ON FLOOR MUST BE PAID FOR.
- NO ONE CAN TAKE CLASS WITHOUT TUITION BEING PAID FOR FIRST.

Twisters Gymnastics Academy offers much more!
 Summer will be here sooner than you think!! It's never too early to start making your plans. Just wait and see what's in store for our campers this summer. Our program is well structured with a variety of physical activities. Campers participate in gymnastics and physical fun activities along with daily arts & crafts. They also enjoy games and plenty of outdoor activities to soak up some sunshine. Each week is highlighted by a theme and field trips (water park, amusement park, etc.,) Every week the campers take a trip to the beach! The camp runs for 12 weeks in the summer and our hours are from 7am until 6 pm. The cost is \$95.00 a week and your spot can be held with a small deposit. Sign up for as many weeks as you'd like. We think our camp is the best around, if you don't believe us, ask some of the kids who participated last year! Our spots fill fast so pick up your registration packet today!!

SUMMER CAMP

Birthday Parties

Another year of your child's life has rolled around and your debating on where to hold a fun-filled, exciting birthday party. Well, parents look no further! You will love our gymnastics birthday parties. Our parties begin with fun warm ups and then launch into an hour of gymnastics fun and games. After a flipping good time in the gym, all guests move to our party room for refreshments, and the cutting of the cake. We wrap up this special event by allowing your special birthday prince or princess to open their gifts in front of their guests. Parents, the best part about this blissful event is that it's completely STRESS-FREE! Once you walk through our doors, our staff will ensure that things are taken care of from start to finish. So save yourself from the extensive planning, and the time consuming clean-up, and come and celebrate your child's birthday with us! Prices are \$150.00 for 10 or under children. \$225. 11—15 children. \$300 16—25 children! We can even specialize your party for more children! Parties are on Saturday evenings and Sundays. Sign up today for a FLIPPIN FUN BIRTHDAY!



**IF YOU LIKE US TELL OTHERS -
 IF YOU DON'T PLEASE TELL US!**

